IDENTITY WORKSHEET

\*The information below is focused within the context of the United States and Canada.

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| **Identities** | **Your Identity** | **Agent/Dominant** | **Target/Subordinate** |
| Ability/Disability |  | People without mental or physical disabilities | People with mental and/or physical disabilities |
| Age |  | 35-55 | 0-34 years old, 56+ |
| Body Size/Stature |  | Average height, thin/slender | Very tall, very short, fat |
| Citizenship/Documentation |  | U.S./Canadian Citizen | Those without citizenship, documentation |
| Class |  | Middle & Upper Class | Working Class, Poor |
| College Generation |  | Family member attended college | First generation college student |
| Ethnicity |  | European American | Non-European American |
| Family Structure |  | Two-parent home | Single-parent home, non-parental guardian home, extended family guardians, more than 2 parents/guardians |
| Gender Identity |  | Men | Women, Transgender, Gender Fluid, Non-Binary |
| Language |  | Learned English as their first language | Did not learn English as their first language |
| National Origin |  | People from the United States or Canada | People who are not from the United States or Canada |
| Race |  | White | BIPOC (Black, Indigenous, People of Color) |
| Religion/Spirituality |  | Christian | Non-Christian |
| Sex |  | Male | Female, Intersex |
| Sexual Orientation |  | Heterosexual | Lesbian, Gay, Bisexual, Pansexual |

**Agent/Dominant:** Members of dominant social groups privileged by birth or acquisition who knowingly or unknowingly reap unfair advantage over members of the target groups.

**Target/Subordinate:** Members of social identity groups who are discriminated against, marginalized, disenfranchised, oppressed, exploited by an oppressor and oppressor’s system of institutions without identity apart from the target group, and compartmentalized in defined roles.