



## Behavioral Threat Assessment Rubric

<b><u>CLASSIFYING RISK</u></b>	<b><u>EXAMPLES</u></b>	<b><u>ACTION STEPS</u></b>
<p><b>MILD RISK</b></p> <ul style="list-style-type: none"> <li>• Disruptive or concerning behavior.</li> <li>• May or may not show signs of distress.</li> <li>• No threat made or present.</li> </ul>	<p><b>MILD RISK</b></p> <ul style="list-style-type: none"> <li>• Causes roommate disturbances or conflict amongst friends.</li> <li>• Uncharacteristically misses classes or chapter events.</li> <li>• Begins to fall behind on membership responsibilities.</li> <li>• Stopped coming to dinner and only eats in their room.</li> </ul>	<p><b>MILD RISK</b></p> <ul style="list-style-type: none"> <li>• Review the “Be Her Champion” resources as an Honor Board.</li> <li>• Reach out to the member to let her know you miss her at chapter events and share your concern.</li> <li>• If necessary, follow the steps outlined in the Recommended Practices for Managing Individual Emotional/Mental Health Concerns document in the website library.</li> <li>• File any necessary APNs or SORs.</li> <li>• Notify your HBA of your concerns, if she’s not already aware.</li> </ul>
<p><b>MODERATE RISK</b></p> <ul style="list-style-type: none"> <li>• More involved or repeated disruption. Behavior more concerning. Likely distressed or low-level disturbance.</li> <li>• Possible threat made or perceived.</li> <li>• Threat is vague and indirect.</li> <li>• Information about threat or threat itself is inconsistent, implausible or lacks detail.</li> <li>• Threat lacks realism.</li> <li>• Content of threat suggests threatener is unlikely to carry it out.</li> </ul>	<p><b>MODERATE RISK</b></p> <ul style="list-style-type: none"> <li>• Continuously yells at roommates and friends.</li> <li>• Frequently misses classes or chapter events. Grades begin to suffer.</li> <li>• Falls significantly behind on membership responsibilities.</li> <li>• Uncharacteristic drug or alcohol use.</li> <li>• Noticeable change in relationship with food/diet/exercise or a history of disordered eating behaviors.</li> <li>• Previously engaged in self-harm or cutting behaviors.</li> <li>• Makes comments like, “I am going to punch someone.”</li> <li>• Hot and cold. “One day she is fine and the next day she screamed at me when I asked her a question.”</li> </ul>	<p><b>MODERATE RISK</b></p> <ul style="list-style-type: none"> <li>• Consult your chapter’s Campus Resource Sheet and review options with the member.</li> <li>• Encourage member to consider options for support through counseling (cannot be mandated or imposed as a sanction by HB).</li> <li>• Follow the steps outlined in the Recommended Practices for Managing Individual Emotional/Mental Health Concerns document in the website library.</li> <li>• File any necessary APNs or SORs.</li> <li>• Continuing working with your HBA and notify your ATC of your concerns, if she’s not already aware.</li> </ul>

<p><b>ELEVATED RISK</b></p> <ul style="list-style-type: none"> <li>• Seriously disruptive incident(s).</li> <li>• Exhibiting clear distress, more likely disturbance.</li> <li>• Threat made or present.</li> <li>• Threat is vague and indirect, but may be repeated or shared with multiple reporters.</li> <li>• Information about threat or threat itself is inconsistent, implausible or lacks detail.</li> <li>• Threat lacks realism, or is repeated with variations.</li> <li>• Content of threat suggests threatener is unlikely to carry it out.</li> </ul>	<p><b>ELEVATED RISK</b></p> <ul style="list-style-type: none"> <li>• Roommates and friends are vocal about their concerns for the member's well-being.</li> <li>• Does not seem to care about academic, personal, or chapter responsibilities.</li> <li>• Frequent drug or alcohol misuse/abuse.</li> <li>• Use of prescription medication without a prescription.</li> <li>• Exhibiting signs of disordered eating behaviors.</li> <li>• Exhibiting minor changes in physical appearance or self-care (e.g. sleeping, bathing, grooming).</li> <li>• Engages in self-harm or cutting behaviors but is behaving "normally" otherwise.</li> <li>• Prior suicide attempt.</li> <li>• Extreme overreactions (loud tone and harsh language) to items you think are "normal".</li> <li>• Makes comments like, "I wish we could run over pedestrians, I hate waiting for them."</li> <li>• Makes comments like, "What's the point? Life doesn't matter anyway."</li> </ul>	<p><b>ELEVATED RISK</b></p> <ul style="list-style-type: none"> <li>• Consult your chapter's Campus Resource Sheet and review options with the member.</li> <li>• Strongly encourage the member to consider options for support through counseling (cannot be mandated or imposed as a sanction by HB).</li> <li>• Follow the steps outlined in the Recommended Practices for Managing Individual Emotional/Mental Health Concerns document in the website library, if you've not already done so.</li> <li>• File any necessary APNs or SORs.</li> <li>• Continue to work you're your HBA and ATC, and notify your RCS/NCC/CAC of your concerns, if she's not already aware.</li> <li>• Contact your Collegiate Development Specialist (CDS) at Executive Offices regarding next steps. EO will alert the relevant college/university staff/counselors, if appropriate.</li> </ul>
<p><b>SEVERE RISK</b></p> <ul style="list-style-type: none"> <li>• Disturbed or advancing to dysregulation.</li> <li>• Threat made or present.</li> <li>• Threat is vague, but direct, or specific but indirect.</li> <li>• Likely to be repeated or shared with multiple reporters.</li> <li>• Information about threat or threat itself is consistent, plausible or includes increasing detail of a plan (time, place, etc.).</li> <li>• Threat likely to be repeated with</li> </ul>	<p><b>SEVERE RISK</b></p> <ul style="list-style-type: none"> <li>• Roommates and friends are fearful of member's behavior.</li> <li>• May be MIA from academic, personal, or chapter responsibilities.</li> <li>• Consistent abuse of drugs and alcohol.</li> <li>• Exhibiting major changes in physical appearance or self-care (e.g. sleeping, bathing, grooming).</li> <li>• Appears they are not getting much sleep or have gone a long</li> </ul>	<p><b>SEVERE RISK</b></p> <ul style="list-style-type: none"> <li>• Call 911 if immediate risk is present.</li> <li>• Immediately contact your Collegiate Development Specialist (CDS) at Executive Offices regarding next steps. EO will alert the member's emergency contact and the college/university, if appropriate.</li> </ul>

<p>consistency (may try to convince listener they are serious).</p> <ul style="list-style-type: none"> <li>• Content of threat suggests threatener may carry it out.</li> </ul>	<p>period of time without sleep.</p> <ul style="list-style-type: none"> <li>• Engages in self-harm or cutting behaviors with increasing severity.</li> <li>• Makes non-committal comments about giving her belongings away and/or begins shutting down social media accounts.</li> <li>• Makes comments about not wanting to live or examples of how they would take their own life.</li> <li>• Makes comments like, "If I can't go to the date party next week, I am going to hurt someone."</li> <li>• Makes comments like "No one would care if I died."</li> </ul>	
<p><b>EXTREME RISK</b></p> <ul style="list-style-type: none"> <li>• Dysregulated (way off baseline) or medically disabled.</li> <li>• Threat made or present.</li> <li>• Threat is concrete (specific or direct).</li> <li>• Likely to be repeated or shared with multiple reporters.</li> <li>• Information about threat or threat itself is consistent, plausible or includes specific detail of a plan (time, place, etc.), often with steps already taken.</li> <li>• Threat may be repeated with consistency.</li> <li>• Content of threat suggests threatener will carry it out (reference to weapons, means, target).</li> </ul>	<p><b>EXTREME RISK</b></p> <ul style="list-style-type: none"> <li>• Roommates and friends are actively seeking assistance with how to help the member's safety and wellbeing.</li> <li>• Member is MIA from academic, personal, or chapter responsibilities.</li> <li>• Constant misuse/abuse of drugs and alcohol.</li> <li>• Begins giving her belongings away or openly discusses who will get certain possessions.</li> <li>• Recent/current suicide attempt.</li> <li>• Makes comments like "I wouldn't care if I died." or "I hope I never wake up."</li> <li>• Says, "I am going to kill myself" and has outlined specific details of how/when it would occur.</li> </ul>	<p><b>EXTREME RISK</b></p> <ul style="list-style-type: none"> <li>• Call 911 if immediate risk is present.</li> <li>• Immediately contact your Collegiate Development Specialist (CDS) at Executive Offices regarding next steps. EO will alert the member's emergency contact and the college/university.</li> </ul>

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