

JOIN US



DO GOOD WEEK



SEPTEMBER 4-10, 2022

Participation Guide



Delta Gammas seek to do good every day! We pledged to do so when we accepted our bids to Delta Gamma. In fact, our Fraternity letters were chosen in 1873 because they represent our motto and desire to do good.

As we prepare to celebrate our sesquicentennial, we are reminded of the commitment our Founders had to our motto. When Delta Gammas do good, the world around us does better. Let's come together to put more good in the world. During the week of September 4-10, 2022, Delta Gamma Fraternity invites you to participate in our ninth annual Do Good Week by doing good deeds, no matter how big or small.

Anyone can participate, whether you are a sister, fraternal partner, friend, neighbor or simply a kind person hoping to make the world a little better.

Ready to do good?

Share

THE DO GOOD MESSAGE

- Post the official [Do Good Week image](#) to your personal social media pages.
- Post this [Do Good Week flyer](#) in shared spaces.
- Use #DGDoGoodWeek to share your do good story (or a friend's) on Instagram.
- Tell us how you did good by emailing the DG alumnae department at AlumnaeDept@deltagamma.org.

Do Good

AS AN INDIVIDUAL

- Contact a local school to be a in classroom helper, tutor or to read to a class.
- Pick up trash in your neighborhood.
- Sign up for a virtual volunteering opportunity through [Volunteer Match](#).
- Donate items to a charitable organization.
- Pay for the person behind you at a drive thru.
- Write a sincere note of appreciation to a friend and/or an essential worker.
- Make care packages for your car that you can distribute to people you encounter who may be in need.
- Drop off meals to friends and neighbors.
- Shop for food and necessities for those that are for those that are unable to leave their homes.
- Donate to a cause you are passionate about.
- Deliver groceries through a local pantry or food bank.

Do Good

AS A GROUP

- Collect items for a local shelter.
- Organize a food drive or fundraiser.
- Plant a tree or garden.
- Sign up for [Be My Eyes](#), a free app that connects people who are blind or visually impaired with sighted volunteers through a live video call.
- Refill low parking meters on campus or the street where you work.
- Support local businesses and restaurants by ordering dinner to go, purchasing a gift card or making an online order.
- Reach out to mutual friends who may be isolated or alone.
- Connect with a local school to put together a drive to collect school supplies and books.
- Volunteer together in your community.
- Create an encouragement wall and fill it with positive statements.
- Shop together at local small businesses.

