



HEALTH & WELL-BEING

A Culture of Care

PROGRAMS AND SERVICES GUIDE



Delta Gamma
1873

Updated August 2024



Delta Gamma

1873

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About This Guide

Delta Gamma has been widely recognized for its strong and progressive educational programming and dedication to risk reduction in the member experience. The effect of the COVID-19 pandemic, internal research, discussions with peer organizations who are leaders in the fraternal world and the needs of our collegians all contributed to the evolution of our programs and services.

In February 2022, the Health and Well-Being Programs and Initiatives proposal, outlining multiple changes and improvements to our current portfolio of offerings, was fully endorsed by the Fraternity Council. To meet the needs of this generation of college students, we have developed content-specific programs focused on developing their personal skillset to create a more inclusive, healthy and supportive member experience. As we continue to build a foundation of fostering high ideals of friendship, promoting educational and cultural interests, creating a true sense of social responsibility and developing the best qualities of character, we reinforce the directive of Delta Gamma's Founders by promoting [A Culture of Care](#).

With these changes being implemented during the 2022-2023 academic year, we want to ensure transparency with Delta Gamma Executive Offices staff and Fraternity Leadership. We are excited to see the impact these programs have through new and various forms of assessment. Executive Offices staff are working to expand the Health and Well-Being programs and resources available to collegiate and alumnae members of Delta Gamma. This guide will be updated as new Initiatives become available.

We would like to thank the Delta Gamma Foundation for funding many of these programs on an annual basis.

Thank you for your continued support of efforts of the training, development and member experience department.

Assistant Director for Health and Well-Being

Act with Intention: Health and Well-Being Series



The **Act with Intention: Health and Well-Being Series** program schedule is rigid and was developed with extreme care and caution. Due to annual budgetary expectations, facilitator availability, and regional representation, we cannot edit this prescribed schedule to meet any requests made by chapters, volunteers, or campus professionals. These programs are prevention-focused and will not be utilized as educational opportunities or sanctions for a chapter incident. You can view the four year program schedule at the end of this document. Program curriculum is evaluated and updated on an annual basis based on new research and participant feedback.

Programs denoted with this icon are generously funded by the Delta Gamma Foundation



ALCOHOL SKILLS TRAINING PROGRAM (ASTP)

The Alcohol Skills Training Program (ASTP) educates members on alcohol-related behavior while increasing their interest in critically examining their drinking patterns and eventually implementing the skills they learn. In doing so, members can minimize the potential negative consequences through prevention, reduced consumption or abstinence. Participants will complete the virtual ASTP Pre-Work module prior to attending the in-person session with their facilitator.

Access Pre-Work Module [Here](#)

REDEFINE THE PATH (RTP)

Redefine the Path provides education on belonging, equity, inclusion and diversity (BEID). This program is written to increase member knowledge of important terms and concepts, better understand challenges and opportunities for personal, chapter and community growth and increase comfortability in engaging in inclusive behaviors as it relates to BEID and the member experience.

YOU CAN SUPPORT YOUR SISTER (YCSYS)

You Can Support Your Sister (YCSYS) is a program created by the You Can Support Your Sister (YCSYS) assists with identifying and supporting those struggling with their mental health, appropriate interventions and professional help referral strategies. This program is proven to promote a Culture of Care, reduce risk, and increase student intervention competencies and member retention.

At Request: Risk Reduction Programs



The At Request: Risk Reduction Programs portfolio exists as a supplemental educational opportunity for chapters needing additional health and well-being education. Regional Directors and Regional Collegiate Specialists can complete the [Training Consultation Request Form](#) on behalf of a chapter that needs additional risk reduction education. Please consult the chapter before doing so, this could result in a program that the chapter would have to cover financially. Based on the submission, the training, development and member experience department staff will determine the risk reduction program need of the chapter.

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ALCOHOL101+

Alcohol101+ is a digital alcohol education program created by Responsibility.org to address the gaps in collegiate alcohol education in a fun and asynchronous way. The program's content includes core alcohol education topics, such as standard drink size and blood alcohol content, the impact of alcohol on the brain, strategies for lowering risk and responsible decision-making. This is a virtual program and can be requested during the years a chapter does not receive ASTP.

ALCOHOL & SUBSTANCE MISUSE PREVENTION - MICROLEARNING

The Misuse Prevention Microlearning program is virtual, asynchronous way for collegians to learn about the effects of alcohol and substance misuse and different risk reduction and prevention strategies.

TASTEFULLY BUZZED

Tastefully Buzzed from Beers Aren't Bad is a new organization in the fraternity/sorority industry working to change the culture of alcohol consumption in the fraternity/sorority experience in a positive way. They celebrate students who choose not to drink, and their content helps students reduce overall alcohol consumption. The mission is to help students reshape goals, rethink choices and take ownership of their social decisions, especially where alcohol or substances are considered popular. This program aims to decrease risk-related experiences when consuming alcohol through fun and positive decision-making.

The Member Services team provided recommendations on chapters that would benefit from this program. 25 chapters were selected for the 2024-2025 academic year.

At Request: Risk Reduction Programs

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HUMAN DIGNITY WORKSHOP (HDW)

The Human Dignity Workshop serves as a piece of Delta Gamma's hazing prevention curriculum with the main approach of treating all people with dignity. The facilitator will lead the chapter through conversations around the concept of dignity relating to new members, members, other students, and the world. Participants learn about dignity as a verb, identify opportunities to foster dignity, examine healthy relationships and positive examples of dignity and work through multiple small group conversations about how to support one another in practicing dignity.

The Human Dignity Workshop will be delivered by the Collegiate Development Consultant (CDC) team during the 2024-2025 academic year. Chapters who are not slated to receive an Act with Intention: Health & Well-Being Series program will receive the Human Dignity Workshop during the CDC visit.

MOCK TRIAL

Mock Trial is a values-based approach to risk management and liability education for collegians. The program includes a Mock Trial and discussion of fraternal values and bystander behavior. Participants will identify risky behaviors such as substance abuse, academic dishonesty, hazing, harassment, personal safety concerns and other issues that are specific to the chapter and campus environment. Mock Trial facilitators are trained by Delta Gamma Executive Offices staff and are practicing legal attorneys.

The Mock Trial program is currently being converted into a series of microlearning modules that will be added to the Pursuit to increase accessibility and expand our legal liability education efforts. This program is not currently available during the 2024-2025 academic year.

Anchored Through Adversity



[Anchored Through Adversity: Mental Health Programs and Services](#) provides a comprehensive view of the educational programming, mental health services and training and additional resources available to collegians, alumnae, volunteers and family members. We hope you utilize this as a resource to be well and do good.

Examples:

- [QPR Suicide Prevention Training](#)
- Behind Happy Faces - [Collegiate](#) & [Alumnae](#) Volunteer Version
- [CredibleMind Platform](#)
- Additional programs and extensive resources

Creating a Culture of Care: New Member Risk Prevention Education



Creating a Culture of Care is an interactive prevention education program that empowers new members to make safer, healthier and more compassionate choices. The program covers various health & well-being educational topics such as alcohol and substance misuse prevention, belonging, equity, inclusion and diversity (BEID), hazing prevention, mental health and well-being and sexual misconduct prevention and survivor support.

This program is a requirement for new members to be eligible for Initiation. For additional program information, frequently asked questions, and troubleshooting, please review the [Creating a Culture of Care FAQ & Troubleshooting](#) document in the DG Library.

Note: This program was previously titled Xcelasone.

Crisis Response Programming

Crisis Response Programming is a new initiative to increase options of supporting chapters through traumatic events such as member death, mass shootings and campus tragedies. This request would provide chapters with professional assistance and education. The training, development and member experience department, in collaboration with the member services department to provide customized support to chapters and collegians in need post-incident.

Please contact tdme@deltagamma.org for additional information.

Facilitator Certification Program

Executive Offices introduced the inaugural Facilitator Certification Program cohort in summer 2022. To standardize training and promote consistent educational experiences for collegians, the Facilitator Certification Program was essential for the success of these programs. Individuals apply for the asynchronous cohort experience, receive general education and curriculum-specific training in The Pursuit. Once trained, they will officially be a member of the Friend of the Anchor facilitation team. Every facilitator must complete the general training on an annual basis to be eligible to deliver programs during each academic year.

For additional questions or to express your interest in becoming trained, please contact kollin.fitzpatrick@deltagamma.org

Programs denoted with this icon are generously funded by the Delta Gamma Foundation



RECRUITMENT

The Assistant Director for Health and Well-Being will distribute the application to Executive Offices staff, the current Delta Gamma volunteer network, Friends of the Anchor and professional communication platforms to accrue a diverse applicant pool of various fraternity/sorority affiliations and professional experiences. The application will be made available based on a need to grow the current roster of certified facilitators each spring.

FACILITATOR TRAINING

Individuals selected for the Facilitator Certification Program cohort will receive access to The Pursuit to complete an asynchronous set of modules. All new and continuing facilitators must complete the General Training module covering Delta Gamma basics, volunteer facilitator travel guidelines, program expectations annually. Cohort members will then complete the curriculum-specific training modules to be eligible to facilitate the Act with Intention: Health and Well-Being Series programs along with the Human Dignity Workshop.

RETENTION AND ASSESSMENT

Facilitators that deliver a health and well-being program during an assigned academic year will receive a personalized gift to reward them for their service and dedication to the Fraternity's educational efforts. At the end of each program, each participant completes an assessment that allows them to evaluate the performance of their facilitator. This information is utilized in determining if a facilitator will be asked to continue delivering Delta Gamma's Health and Well-Being programs.

Sexual Misconduct Prevention Education and Survivor Support Services

Programs denoted with this icon are generously funded by the Delta Gamma Foundation



LEDA HEALTH PARTNERSHIPS SERVICES

This collaboration aims to equip our collegiate members with the essential resources, education and support related to sexual misconduct prevention and survivor support. Leda Health's mission to meet survivors where they are and provide them with the options and autonomy they deserve aligns seamlessly with promoting Delta Gamma's Culture of Care and members feeling supported and safe wherever they may be. To learn more about Leda Health, please visit their [website](#).

Limited CMT officers have access to the Leda Health User portal with educational programs. Please review the [Leda Health Partnership Services](#) document in the DG Library for more information.

SEXUAL MISCONDUCT PREVENTION EDUCATION AND SURVIVOR SUPPORT SERVICES

These resources should be utilized to support someone who has experienced sexual misconduct. Prevention education plays a key role in creating a Culture of Care within your chapter and community and equipping members with the skills needed to support others who may have experienced sexual misconduct or relationship violence. Prevention education resources are also outlined in this document along with organization specific accommodations that can be made for collegians. You can access this guide in the DG Library [here](#).

Rotational Program Schedule Information

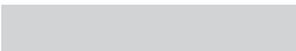
The Act with Intention: Health and Well-Being Series program schedule is rigid and was developed with extreme care. Due to annual budgetary expectations, Foundation Gift Grant funding, facilitator availability and regional representation, we cannot edit this prescribed schedule to meet any requests made by chapters, volunteer or campus professionals to adjustments. Chapters will be notified if they are slated to receive a program and must schedule their assigned program with their facilitator during the proposed academic year.

**Program Numbers may change based on chapter closures or planned establishments.*

PROGRAM MATRIX 2022-2026

Program Matrix	2022-2023	2023-2024	2024-2025	2025-2026	Total Visits
Alcohol Skills Training Program (ASTP)	36 Programs	38 Programs	44* Programs	31 Programs	149* Programs
Redefine the Path (RTP)	19 Programs	42 Programs	49 Programs	39* Programs	149* Programs
You Can Support Your Sister (YCSYS)	22 Programs	43 Programs	41 Programs	43* Programs	149* Programs
Total Annual Programs	77 Programs	123 Programs	134* Programs	113* Programs	447* Programs

SCHEDULE KEY

-  Pending Reestablishment
-  Recent Chapter Assessment, Revitalization Status or 60-Day Closure Notice
-  Virtual Program - International (COVID Precaution)
-  Rescheduled From Previous Year

Rotational Program Schedule 2022-2026

2022-2023 PROGRAM SCHEDULE - COMPLETE

Chapter	Institution	Program
Alpha Chi	Pennsylvania State University	ASTP
Alpha Eta	Whitman College	ASTP
Alpha Iota	University of Oklahoma	ASTP
Alpha Omega	University of Arkansas	ASTP
Alpha Omicron	Miami University	ASTP
Alpha Phi	University of British Columbia	RTP
Alpha Phi	University of British Columbia	YCSYS
Alpha Pi	University of Arizona	ASTP
Alpha Sigma	University of California, Los Angeles	RTP
Alpha Tau	Butler University	ASTP
Alpha Theta	University of North Dakota	RTP
Alpha Upsilon	Southern Methodist University	ASTP
Alpha Xi	West Virginia University	ASTP
Beta Beta	University of Alberta	RTP
Beta Beta	University of Alberta	YCSYS
Beta Chi	University of Denver	RTP
Beta Epsilon	American University	ASTP
Beta Gamma	University of Utah	ASTP
Beta Kappa	University of Kansas	YCSYS
Beta Mu	Bowling Green State University	YCSYS
Beta Nu	Carnegie Mellon University	ASTP
Beta Theta	Durham (Duke University)	ASTP
Delta Epsilon	University of the Pacific	ASTP
Delta Iota	University of Georgia	ASTP
Delta Nu	Northern Illinois University	ASTP
Delta Phi	University of California, Irvine	ASTP
Delta Zeta	University of Memphis	RTP
Epsilon	The Ohio State University	ASTP
Epsilon Gamma	University of Virginia	ASTP
Epsilon Kappa	Clemson University	YCSYS
Epsilon Mu	William and Mary	RTP
Epsilon Phi	Loyola University - New Orleans	ASTP

Epsilon Psi	Rutgers University	ASTP
Epsilon Sigma	San Diego State University	YCSYS
Eta	University of Akron	RTP
Eta Alpha	Pepperdine University	YCSYS
Eta Beta	University of Hartford	YCSYS
Eta Delta	University of North Florida	RTP
Eta Kappa	North Carolina State University	YCSYS
Eta Nu	Hofstra University	ASTP
Eta Omega	Portland State University	ASTP
Eta Omicron	University of Arkansas, Fort Smith	ASTP
Eta Phi	New York University (NYU)	ASTP
Eta Rho	University of California, Merced	ASTP
Eta Theta	Saint Louis University	YCSYS
Eta Upsilon	Drexel University	RTP
Gamma Alpha	University Of Tennessee, Knoxville	YCSYS
Gamma Beta	The University of Tulsa	ASTP
Gamma Delta	Montana State University	YCSYS
Gamma Eta	San Jose State University	ASTP
Gamma Lambda	California State University, Fresno	YCSYS
Gamma Mu	Florida State University	YCSYS
Gamma Omicron	Indiana State University	YCSYS
Gamma Pi	Roanoke College	ASTP
Gamma Tau	Texas Christian University	YCSYS
Gamma Theta	University of Florida	ASTP
Gamma Xi	Texas Tech University	RTP
Kappa	University of Nebraska	ASTP
Lambda	University of Minnesota	ASTP
Nu	University of Idaho	ASTP
Omicron	Adelphi University	YCSYS
Sigma	Northwestern University	RTP
Tau	University of Iowa	ASTP
Theta	Indiana University	YCSYS
Theta Alpha	Cal Poly, SLO	RTP
Theta Beta	Case Western Reserve University	YCSYS
Theta Delta	Brown University	RTP
Theta Zeta	Florida Gulf Coast University	YCSYS
Xi	University of Michigan	ASTP
Zeta	Albion College	YCSYS
Zeta Delta	University of Rochester	YCSYS
Zeta Eta	Texas State University	RTP
Zeta Gamma	University of Richmond	RTP

Zeta Nu	University of Montevallo	RTP
Zeta Rho	Ohio University	ASTP
Zeta Sigma	Northern Kentucky University	RTP
Zeta Xi	University of Alabama, Birmingham	RTP

2023-2024 PROGRAM SCHEDULE - COMPLETE

Chapter	Institution	Program
Alpha Delta	University of Oregon	RTP
Alpha Eta	Whitman College	YCSYS
Alpha Iota	University of Oklahoma	YCSYS
Alpha Kappa	Washburn University	ASTP
Alpha Lambda	Drake University	RTP
Alpha Nu	University of Southern California	ASTP
Alpha Omega	University of Arkansas	YCSYS
Alpha Omicron	Miami University	YCSYS
Alpha Pi	University of Arizona	YCSYS
Alpha Psi	University of Mississippi (Ole Miss)	ASTP
Alpha Rho	Ohio Wesleyan University	ASTP
Alpha Tau	Butler University	YCSYS
Alpha Xi	West Virginia University	YCSYS
Alpha Zeta	Lawrence University	RTP
Beta	University of Washington	RTP
Beta Epsilon	American University	YCSYS
Beta Eta	University of Texas	ASTP
Beta Gamma	University of Utah	YCSYS
Beta Iota	Purdue University	ASTP
Beta Kappa	University of Kansas	ASTP
Beta Lambda	Gettysburg College	ASTP
Beta Lambda	Gettysburg College	YCSYS
Beta Mu	Bowling Green State University	RTP
Beta Nu	Carnegie Mellon University	YCSYS
Beta Omega	Washington State University	ASTP
Beta Sigma	University of Maryland	RTP
Beta Theta	Durham (Duke University)	YCSYS
Beta Upsilon	Oregon State University	ASTP
Beta Xi	Michigan State University	ASTP
Beta Zeta	Denison University	RTP

Chi	Cornell University	YCSYS
Delta Chi	University of California, Davis	ASTP
Delta Epsilon	University of the Pacific	YCSYS
Delta Eta	California State University, Sacramento	YCSYS
Delta Iota	University of Georgia	YCSYS
Delta Kappa	University of South Florida	ASTP
Delta Lambda	Mississippi State University	RTP
Delta Nu	Northern Illinois University	YCSYS
Delta Omega	William Woods University	YCSYS
Delta Omicron	Morehead State University	ASTP
Delta Phi	University of California, Irvine	YCSYS
Delta Pi	University of Southern Mississippi	ASTP
Delta Rho	Virginia Tech	ASTP
Delta Sigma	Auburn University	RTP
Delta Zeta	University of Memphis	ASTP
Epsilon	Ohio State University	YCSYS
Epsilon Delta	Washington and Jefferson	ASTP
Epsilon Delta	Washington and Jefferson	RTP
Epsilon Epsilon	Tennessee Tech University	ASTP
Epsilon Eta	Indiana University of Pennsylvania	RTP
Epsilon Gamma	University of Virginia	RTP
Epsilon Kappa	Clemson University	ASTP
Epsilon Phi	Loyola University - New Orleans	YCSYS
Epsilon Psi	Rutgers University	YCSYS
Epsilon Sigma	San Diego State University	RTP
Epsilon Theta	University of Tampa	YCSYS
Epsilon Xi	Lafayette College	RTP
Epsilon Zeta	Loyola Marymount University	ASTP
Eta Alpha	Pepperdine University	RTP
Eta Beta	University of Hartford	RTP
Eta Chi	Georgia College and State University (GCSU)	RTP
Eta Delta	University of North Florida	ASTP
Eta Eta	Spring Hill College	ASTP
Eta Gamma	Texas AandM University	RTP
Eta Iota	University of Nevada, Reno	RTP
Eta Kappa	North Carolina State University	RTP
Eta Lambda	New Mexico State University	ASTP
Eta Lambda	New Mexico State University	RTP

Eta Mu	Lake Forest College	ASTP
Eta Nu	Hofstra University	YCSYS
Eta Omega	Portland State University	YCSYS
Eta Phi	New York University (NYU)	YCSYS
Eta Pi	DePaul University	YCSYS
Eta Psi	Iowa State University	RTP
Eta Rho	University of California, Merced	YCSYS
Eta Sigma	College of Charleston	YCSYS
Eta Tau	Christopher Newport University	RTP
Eta Theta	Saint Louis University	RTP
Eta Zeta	University of Chicago	ASTP
Gamma	University of California, Berkeley	YCSYS
Gamma Alpha	University Of Tennessee	RTP
Gamma Beta	The University of Tulsa	YCSYS
Gamma Chi	California State University, Long Beach	RTP
Gamma Delta	Montana State University	ASTP
Gamma Epsilon	Kent State University	RTP
Gamma Eta	San Jose State University	YCSYS
Gamma Iota	DePauw University	YCSYS
Gamma Kappa	University of California, Santa Barbara	YCSYS
Gamma Lambda	California State University, Fresno	RTP
Gamma Mu	Florida State University	RTP
Gamma Nu	University of North Texas	RTP
Gamma Omicron	Indiana State University	ASTP
Gamma Phi	Arizona State University	ASTP
Gamma Phi	Arizona State University	YCSYS
Gamma Pi	Roanoke College	YCSYS
Gamma Rho	Wittenberg University	RTP
Gamma Sigma	University of Houston	ASTP
Gamma Tau	Texas Christian University	ASTP
Gamma Theta	University of Florida	YCSYS
Gamma Xi	Texas Tech University	ASTP
Gamma Zeta	Louisiana State University	RTP
Iota	University of Illinois	RTP
Lambda	University of Minnesota	YCSYS
Mu	University of Missouri	YCSYS
Nu	University of Idaho	YCSYS
Omega	University of Wisconsin	RTP

Omicron	Adelphi University	RTP
Phi	University of Colorado (Boulder)	RTP
Pi	University of Montana	RTP
Rho	Syracuse University	ASTP
Sigma	Northwestern University	ASTP
Theta	Indiana University	ASTP
Theta Delta	Brown University	ASTP
Theta Gamma	UNC, Wilmington	RTP
Theta Zeta	Florida Gulf Coast University	RTP
Xi	University of Michigan	YCSYS
Zeta Alpha	Villanova University	RTP
Zeta Delta	University of Rochester	RTP
Zeta Gamma	University of Richmond	ASTP
Zeta Lambda	University of California, Riverside	ASTP
Zeta Psi	Salisbury University	YCSYS
Zeta Rho	Ohio University	YCSYS
Zeta Upsilon	Furman University	RTP
Zeta Zeta	Boston University	ASTP

2024-2025 PROGRAM SCHEDULE - VIEW DATES [HERE](#)

Chapter	Institution	Program
Alpha Chi	Pennsylvania State University	YCSYS
Alpha Delta	University of Oregon	ASTP
Alpha Eta	Whitman College	RTP
Alpha Iota	University of Oklahoma	RTP
Alpha Kappa	Washburn University	YCSYS
Alpha Lambda	Drake University	ASTP
Alpha Nu	University of Southern California	YCSYS
Alpha Omega	University of Arkansas	RTP
Alpha Omicron	Miami University	RTP
Alpha Pi	University of Arizona	RTP
Alpha Psi	University of Mississippi (Ole Miss)	YCSYS
Alpha Rho	Ohio Wesleyan University	YCSYS
Alpha Sigma	University of California, Los Angeles	ASTP
Alpha Tau	Butler University	RTP
Alpha Theta	University of North Dakota	YCSYS
Alpha Upsilon	Southern Methodist University	RTP
Alpha Upsilon	Southern Methodist University	YCSYS
Alpha Xi	West Virginia University	RTP
Alpha Zeta	Lawrence University	ASTP

Beta	University of Washington	ASTP
Beta Chi	University of Denver	YCSYS
Beta Epsilon	American University	RTP
Beta Eta	University of Texas	YCSYS
Beta Gamma	University of Utah	RTP
Beta Iota	Purdue University	YCSYS
Beta Lambda	Gettysburg College	RTP
Beta Nu	Carnegie Mellon University	RTP
Beta Omega	Washington State University	YCSYS
Beta Psi	University of Alabama	ASTP
Beta Psi	University of Alabama	RTP
Beta Sigma	University of Maryland	ASTP
Beta Tau	University of Miami	ASTP
Beta Theta	Durham (Duke University)	RTP
Beta Upsilon	Oregon State University	YCSYS
Beta Xi	Michigan State University	YCSYS
Beta Zeta	Denison University	ASTP
Chi	Cornell University	RTP
Delta Beta	University of Kentucky	RTP
Delta Chi	University of California, Davis	RTP
Delta Epsilon	University of the Pacific	RTP
Delta Eta	California State University, Sacramento	ASTP
Delta Iota	University of Georgia	RTP
Delta Kappa	University of South Florida	YCSYS
Delta Lambda	Mississippi State University	ASTP
Delta Nu	Northern Illinois University	RTP
Delta Omega	William Woods University	RTP
Delta Omicron	Morehead State University	YCSYS
Delta Phi	University of California, Irvine	RTP
Delta Pi	University of Southern Mississippi	YCSYS
Delta Rho	Virginia Tech	RTP
Delta Sigma	Auburn University	ASTP
Epsilon	Ohio State University	RTP
Epsilon Beta	Bucknell University	ASTP
Epsilon Beta	Bucknell University	YCSYS
Epsilon Delta	Washington and Jefferson	YCSYS
Epsilon Epsilon	Tennessee Tech University	YCSYS
Epsilon Eta	Indiana University of Pennsylvania	ASTP
Epsilon Iota	University of California, San Diego	RTP
Epsilon Mu	William & Mary	YCSYS
Epsilon Phi	Loyola University	RTP

Epsilon Psi	Rutgers University	RTP
Epsilon Sigma	San Diego State University	YCSYS
Epsilon Theta	University of Tampa	ASTP
Epsilon Xi	Lafayette College	ASTP
Epsilon Zeta	Loyola Marymount University	YCSYS
Eta	University of Akron	YCSYS
Eta Chi	Georgia College & State University (GCSU)	ASTP
Eta Delta	University of North Florida	YCSYS
Eta Eta	Spring Hill College	YCSYS
Eta Gamma	Texas A&M University	ASTP
Eta Iota	University of Nevada, Reno	ASTP
Eta Mu	Lake Forest College	YCSYS
Eta Nu	Hofstra University	RTP
Eta Omicron	University of Arkansas, Fort Smith	YCSYS
Eta Phi	New York University (NYU)	RTP
Eta Pi	DePaul University	ASTP
Eta Psi	Iowa State University	ASTP
Eta Rho	University of California, Merced	RTP
Eta Sigma	College of Charleston	RTP
Eta Tau	Christopher Newport University	ASTP
Eta Upsilon	Drexel University	YCSYS
Eta Xi	University of Texas, Tyler	RTP
Eta Xi	University of Texas, Tyler	YCSYS
Eta Zeta	University of Chicago	RTP
Gamma	University of California, Berkeley	ASTP
Gamma Beta	The University of Tulsa	RTP
Gamma Chi	California State University, Long Beach	ASTP
Gamma Epsilon	Kent State University	ASTP
Gamma Eta	San Jose State University	RTP
Gamma Iota	DePauw University	ASTP
Gamma Kappa	University of California, Santa Barbara	ASTP
Gamma Nu	University of North Texas	ASTP
Gamma Omicron	Indiana State University	RTP
Gamma Phi	Arizona State University	RTP
Gamma Pi	Roanoke College	RTP
Gamma Rho	Wittenberg University	ASTP
Gamma Sigma	University of Houston	YCSYS
Gamma Theta	University of Florida	RTP
Gamma Upsilon	Wichita State University	ASTP
Gamma Upsilon	Wichita State University	RTP

Gamma Zeta	Louisiana State University	ASTP
Iota	University of Illinois	ASTP
Kappa	University of Nebraska	RTP
Lambda	University of Minnesota	RTP
Mu	University of Missouri	ASTP
Nu	University of Idaho	RTP
Omega	University of Wisconsin	ASTP
Phi	University of Colorado (Boulder)	YCSYS
Pi	University of Montana	ASTP
Rho	Syracuse University	YCSYS
Scheduled	University of Kentucky	ASTP
Tau	University of Iowa	RTP
Theta Alpha	Cal Poly, SLO	YCSYS
Theta Beta	Case Western Reserve University	ASTP
Theta Delta	Brown University	YCSYS
Theta Gamma	UNC, Wilmington	ASTP
Xi	University of Michigan	RTP
Zeta	Albion College	RTP
Zeta Alpha	Villanova University	ASTP
Zeta Epsilon	Santa Clara University	ASTP
Zeta Epsilon	Santa Clara University	RTP
Zeta Eta	Texas State University	YCSYS
Zeta Iota	Chapman University	ASTP
Zeta Iota	Chapman University	YCSYS
Zeta Lambda	University of California, Riverside	YCSYS
Zeta Nu	University of Montevallo	YCSYS
Zeta Psi	Salisbury University	RTP
Zeta Rho	Ohio University	RTP
Zeta Sigma	Northern Kentucky University	YCSYS
Zeta Theta	Columbia University	ASTP
Zeta Theta	Columbia University	YCSYS
Zeta Upsilon	Furman University	ASTP
Zeta Xi	University of Alabama, Birmingham	ASTP
Zeta Zeta	Boston University	YCSYS

2025-2026 PROGRAM SCHEDULE

Chapter	Institution	Program
Alpha Chi	Pennsylvania State University	RTP
Alpha Delta	University of Oregon	YCSYS
Alpha Kappa	Washburn University	RTP
Alpha Lambda	Drake University	YCSYS
Alpha Nu	University of Southern California	RTP
Alpha Phi	University of British Columbia	ASTP
Alpha Psi	University of Mississippi (Ole Miss)	RTP
Alpha Rho	Ohio Wesleyan University	RTP
Alpha Sigma	University of California, Los Angeles	YCSYS
Alpha Theta	University of North Dakota	ASTP
Alpha Zeta	Lawrence University	YCSYS
Beta	University of Washington	YCSYS
Beta Beta	University of Alberta	ASTP
Beta Chi	University of Denver	ASTP
Beta Eta	University of Texas	RTP
Beta Iota	Purdue University	RTP
Beta Kappa	Kansas	RTP
Beta Mu	Bowling Green State University	ASTP
Beta Omega	Washington State University	RTP
Beta Psi	University of Alabama	YCSYS
Beta Sigma	University of Maryland	YCSYS
Beta Tau	University of Miami	RTP
Beta Tau	University of Miami	YCSYS
Beta Upsilon	Oregon State University	RTP
Beta Xi	Michigan State University	RTP
Beta Zeta	Denison University	YCSYS
Chi	Cornell University	ASTP
Delta Beta	University of Kentucky	YCSYS
Delta Chi	University of California, Davis	YCSYS
Delta Eta	California State University, Sacramento	RTP
Delta Kappa	University of South Florida	RTP
Delta Lambda	Mississippi State University	YCSYS
Delta Omega	William Woods University	ASTP
Delta Omicron	Morehead State University	RTP
Delta Pi	University of Southern Mississippi	RTP
Delta Rho	Virginia Tech	YCSYS
Delta Sigma	Auburn University	YCSYS
Epsilon Beta	Bucknell University	RTP

Epsilon Epsilon	Tennessee Tech University	RTP
Epsilon Eta	Indiana University of Pennsylvania	YCSYS
Epsilon Gamma	University of Virginia	YCSYS
Epsilon Iota	University of California, San Diego	ASTP
Epsilon Iota	University of California, San Diego	YCSYS
Epsilon Kappa	Clemson University	RTP
Epsilon Mu	William and Mary	ASTP
Epsilon Sigma	San Diego State University	ASTP
Epsilon Theta	University of Tampa	RTP
Epsilon Xi	Lafayette College	YCSYS
Epsilon Zeta	Loyola Marymount University	RTP
Eta	University of Akron	ASTP
Eta Alpha	Pepperdine University	ASTP
Eta Beta	University of Hartford	ASTP
Eta Chi	Georgia College and State University (GCSU)	YCSYS
Eta Eta	Spring Hill College	RTP
Eta Gamma	Texas AandM University	YCSYS
Eta Iota	University of Nevada, Reno	YCSYS
Eta Kappa	North Carolina State University	ASTP
Eta Lambda	New Mexico State University	YCSYS
Eta Mu	Lake Forest College	RTP
Eta Omicron	University of Arkansas, Fort Smith	RTP
Eta Pi	DePaul University	RTP
Eta Psi	Iowa State University	YCSYS
Eta Sigma	College of Charleston	ASTP
Eta Tau	Christopher Newport University	YCSYS
Eta Theta	Saint Louis University	ASTP
Eta Upsilon	Drexel University	ASTP
Eta Xi	University of Texas, Tyler	ASTP
Eta Zeta	University of Chicago	YCSYS
Gamma	University of California, Berkeley	RTP
Gamma Alpha	University Of Tennessee	ASTP
Gamma Chi	California State University, Long Beach	YCSYS
Gamma Delta	Montana State University	RTP
Gamma Epsilon	Kent State University	YCSYS
Gamma Iota	DePauw University	RTP
Gamma Kappa	University of California, Santa Barbara	RTP
Gamma Lambda	California State University, Fresno	ASTP
Gamma Mu	Florida State University	ASTP
Gamma Nu	University of North Texas	YCSYS

Gamma Rho	Wittenberg University	YCSYS
Gamma Sigma	University of Houston	RTP
Gamma Tau	Texas Christian University	RTP
Gamma Upsilon	Wichita State University	YCSYS
Gamma Xi	Texas Tech University	YCSYS
Gamma Zeta	Louisiana State University	YCSYS
Iota	University of Illinois	YCSYS
Kappa	University of Nebraska	YCSYS
Mu	University of Missouri	RTP
Omega	University of Wisconsin	YCSYS
Omicron	Adelphi University	ASTP
Phi	University of Colorado (Boulder)	ASTP
Pi	University of Montana	YCSYS
Rho	Syracuse University	RTP
Sigma	Northwestern University	YCSYS
Tau	University of Iowa	YCSYS
Theta	Indiana University	RTP
Theta Alpha	Cal Poly, SLO	ASTP
Theta Beta	Case Western Reserve University	RTP
Theta Gamma	UNC, Wilmington	YCSYS
Theta Zeta	Florida Gulf Coast University	ASTP
Zeta	Albion College	ASTP
Zeta Alpha	Villanova University	YCSYS
Zeta Delta	University of Rochester	ASTP
Zeta Epsilon	Santa Clara University	YCSYS
Zeta Eta	Texas State University	ASTP
Zeta Iota	Chapman University	RTP
Zeta Lambda	University of California, Riverside	RTP
Zeta Nu	University of Montevallo	ASTP
Zeta Psi	Salisbury University	ASTP
Zeta Sigma	Northern Kentucky University	ASTP
Zeta Theta	Columbia University	RTP
Zeta Upsilon	Furman University	YCSYS
Zeta Xi	University of Alabama, Birmingham	YCSYS
Zeta Zeta	Boston University	RTP

Human Dignity Workshop Pilot Program Schedule 2024-2025

Chapter	Institution	Program
Alpha Phi	University of British Columbia	HDW
Beta Beta	University of Alberta	HDW
Beta Kappa	University of Kansas	HDW
Beta Mu	Bowling Green State University	HDW
Epsilon Gamma	University of Virginia	HDW
Epsilon Kappa	Clemson University	HDW
Eta Alpha	Pepperdine University	HDW
Eta Beta	University of Hartford	HDW
Eta Iota	University of Nevada, Reno	HDW
Eta Kappa	North Carolina State University	HDW
Eta Lambda	New Mexico State University	HDW
Eta Theta	Saint Louis University	HDW
Gamma Alpha	University of Tennessee	HDW
Gamma Delta	Montana State	HDW
Gamma Lambda	California State University, Fresno	HDW
Gamma Mu	Florida State University	HDW
Gamma Tau	Texas Christian University	HDW
Gamma Xi	Texas Tech University	HDW
Omicron	Adelphi University	HDW
Sigma	Northwestern University	HDW
Theta	Indiana University	HDW
Theta Zeta	Florida Gulf Coast	HDW
Zeta Delta	University of Rochester	HDW
Zeta Gamma	University of Richmond	HDW

Relevant Resources

This document provides information on the priority focus areas of health and well-being to promote a Culture of Care, exemplify the [Risk Management Philosophy](#) and for members to experience sisterhood at its best.



ALCOHOL & SUBSTANCE MISUSE PREVENTION

[Collegiate Alcohol Policy](#)

BELONGING, EQUITY, INCLUSION AND DIVERSITY (BEID)

[BEID Support Toolkit for Collegiate Chapters](#)

[Positional Statement on Inclusivity](#)

[Tangible Ways to be a Champion for Sister](#)

[Support a Sister Who Has Experienced Racism](#)

HAZING PREVENTION

[Hazing Policy](#)

[Human Dignity Promise - National Hazing Prevention Week](#)

[Hazing Prevention Network](#)

SEXUAL MISCONDUCT PREVENTION & HEALTHY RELATIONSHIPS

[Supporting Survivors Resource Guide](#)

[Creating Healthy Roommate Boundaries](#)

[Honor Board Handbook \(pg. 56, Sensitive Matters\)](#)