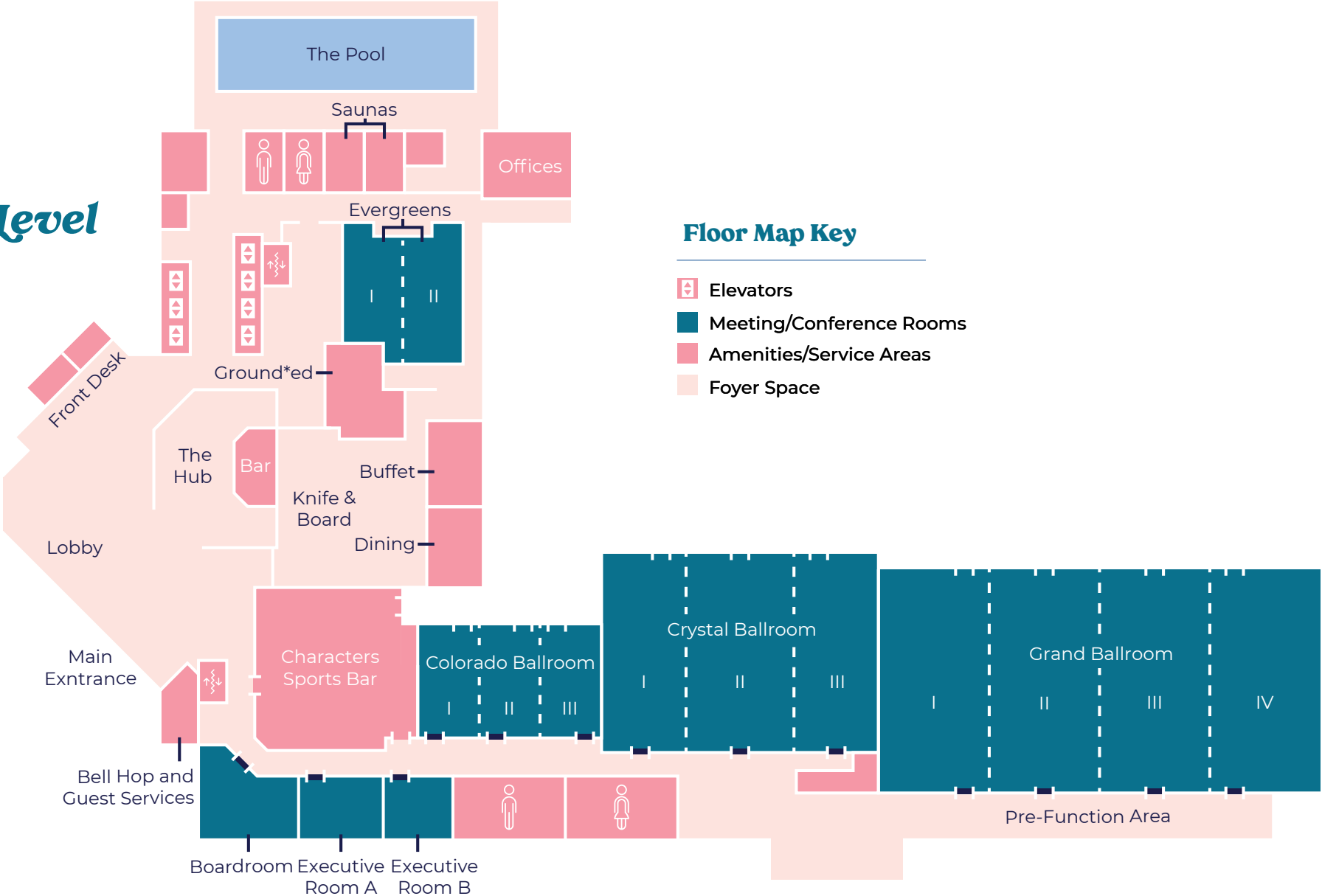




**Anchor
Academy**

Main Level



Floor Map Key

- Elevators
- Meeting/Conference Rooms
- Amenities/Service Areas
- Foyer Space




SCHEDULE

FRIDAY

TIME	EVENT	LOCATION
4:30-5:30 p.m.	Welcome Reception	Grand Foyer
5:30-6:30 p.m.	Welcome and Dinner	Grand I, II
6:45-8:45 p.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Grand III Grand IV Crystal I Crystal II Crystal III

SATURDAY

8-9 a.m.	Breakfast	Grand I, II
9-11 a.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Grand III Grand IV Crystal I Crystal II Crystal III
11:15 a.m.-12 p.m.	Breakout Sessions <i>collegiate attendees</i> advisory team chair training track	Various Locations Grand III
12:15-1:30 p.m.	Lunch and Alumnae Panel	Grand I, II
1:45-2:45 p.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Grand III Grand IV Crystal I Crystal II Crystal III
2:45-3:15 p.m.	Snack Break	Grand Ballroom Entrance
3:15-4 p.m.	Breakout Sessions <i>collegiate attendees</i> advisory team chair training track	Various Locations Grand III

TIME	EVENT	LOCATION
4-5:30 p.m.	Rest Break	
5:30-6:30 p.m.	Strengths and Your Team	Grand I, II
6:30-7:30 p.m.	Dinner	Grand I, II
7:30-9:30 p.m.	Sisterhood Social	Colorado Ballroom I-III
SUNDAY		
8-9 a.m.	Breakfast	Grand I, II
9-11:30 a.m.	Training Tracks advisory team chair vp: communications vp: member education vp: programming vp: Foundation	Grand III Grand IV Crystal I Crystal II Crystal III
11:30 a.m.-12 p.m.	Boxed Lunch Pick-Up	Grand I, II
12 p.m.	Bus Departures	

Announcements and Reminders

Elevator Loads

The large number of attendees at our event can sometimes pose a challenge with elevator loads at the hotel. If you know that you need to use the elevator, please leave early and be patient.

Emergency Contacts

If have an emergency or are in need of assistance during the event, EO Staff members are on-site for the full event.
Lexie: (801) 518-9679

Sunday Departures

On Sunday morning, please plan to check out of your room and bring all luggage to the designated luggage storage room prior to breakfast and session start time. Facilitators will share where your luggage storage location is located.

Flight Delays or Concerns

If you experience any travel issues, delays or cancellations that require you to rebook your flight, may cause you to miss a connection or arrive after the event starts, please first speak to the gate agent or airline customer service.

Then reach out to Debbie with Altour by emailing her at debbie.needham@altour.com or calling her at 972-643-4929 (7:30 a.m.-4:30 p.m. MT) should you need additional assistance. If you are calling after hours, please call 855-512-7952.



BREAKOUT SESSIONS

Breakout Session #1 • 11:15-12 p.m.

Breakout Session #2 • 3:15-4 p.m.

Anchor Academy breakout sessions are “choose your own adventure style” – meaning you can select from any of the sessions that most interest you.

We recommend you strategize with the other attendees from your chapter to choose who will attend each session. This will allow you to share what you learned with each other afterward.

Note: Breakout sessions will be attended by all collegiate attendees. Adviser attendees will continue in the adviser training track as outlined in the event schedule.

Centering Belonging as a Leader

Crystal II

The ability to center belonging as a leader is one of the most important leadership skills you can use in order to succeed. In this session, we will learn what belonging means, why it matters as well as key methods for cultivating a sense of belonging in your leadership role. You will leave this session with an understanding of inclusive leadership and communication skills.

Protecting Your Peace: Mental Health Strategies for Officers

Colorado Ballroom I

Do you ever think about all of your responsibilities and feel a little..... overwhelmed? In this session, we will discuss ways for CMT officers to take control of their mental health and set maintenance goals to prioritize their mental well-being.





One Size Does NOT Fit All

Crystal III

Feeling overwhelmed and burnt out from your packed schedule? Students juggle numerous academic, campus and personal responsibilities, all while facing the pressure to create a well-rounded event calendar. This breakout session will offer a strategic approach to planning programs, meetings and events that prioritize people. It will also provide leaders with an opportunity to reflect on past calendar development successes and challenges, helping to create more meaningful and manageable plans moving forward.

Telling Your Story: The Disney Way!

Colorado Ballroom II

Keep the magic alive! In this session, you will learn how to effectively tell your story as a Delta Gamma leader, with inspiration from the world of Disney. You will leave this session with a developed elevator pitch and tools to effectively sell yourself in the professional world and beyond.

Quiet Your Inner Critic

Colorado Ballroom III

Have you ever felt like you don't belong or aren't good enough? Did you know that these are common feelings for college students? In this session, we will learn about imposter syndrome and discover strategies to build confidence and resilience. Let us help you combat that self-doubt!



ALUMNAE PANEL

Saturday Lunch



Aundrea Dahl

Zeta Epsilon-Santa Clara

Aundrea graduated from Santa Clara University with a degree in Business Management and later earned her graduate degree in Organizational Development & Leadership from the University of Denver. Her career in HR began as a Collegiate Development Consultant for Delta Gamma and has since spanned roles in people operations, talent management, employee engagement, learning and development and organizational strategy. Aundrea has contributed her expertise to Target, LinkedIn, Stryker and now leads the Talent and Organizational Development team at Zoom. She remains deeply connected to Delta Gamma and has served in advisory roles for programming, membership, Honor Board and as advisory team chair.



Cyndy Cycyota

Mu-Missouri

Cyndy received her PhD in strategic management from the University of Texas at Arlington, an MBA in finance from Wright State University, and an undergraduate degree in accounting from the University of Missouri, and is currently a Professor Emerita of Strategic Management

She currently serves as a chapter financial advisor for Beta-Washington, is a member of the Alumnae Advisory Board and Service for Sight Grants Committee, is an Alcohol Awareness Trainer and a past facilitator for Anchor Academy. Cyndy, her husband Tom, and their border collie, Gus, split their time between Denver, Breckenridge and Seattle. They love to travel, hike and hang out with their grandchildren and children in Washington and Virginia.



Maddie Grossmann

Theta Alpha-Cal Poly

Maddie graduated from California Polytechnic State University (Cal Poly) in 2021 with a Bachelor of Science in Mathematics and was a founding member of Theta Alpha chapter. She later earned a Master of Education in Intercollegiate Athletic Leadership from the University of Washington.

Currently based in Boulder, Colorado, Maddie serves as the director of operations for olympic sports in the University of Colorado's athletic department. She contributes her expertise as the Foundation adviser for Theta Alpha.



Rebecca Ronk Williams

Omega-Wisconsin

Rebecca is a media expert and business owner of Ronk Communications, representing high-profile events and brands, like the City of Denver, Colorado State University, Global, Colorado Convention Center and the National Western Stock Show, and was named one of the Top 25 Ad Agencies in Denver in 2023.

Rebecca began her career during her time at the University of Wisconsin and served as vp: communications of her chapter. Rebecca is currently raising two energetic boys with her husband, Matt, and enjoys skiing at Steamboat, traveling and hosting family gatherings.



Samantha Siffring

Epsilon Nu-James Madison
Panel Moderator

Samantha has a B.S. in psychology and marketing and a M.A. in counseling. She loves traveling, reading, antiquing and cheering for the Denver Nuggets. Professionally, she and her sister Brenna, Delta Kappa-South Florida, provide marketing coaching and consulting for women-owned small businesses.

As a volunteer for Delta Gamma, Samantha has served locally in nearly every adviser position, held numerous regional and Fraternity Leadership roles. She currently serves as Council Trustee: Communications. She lives in Colorado with her husband, Stuart and their three children and pets.

***There are countless opportunities
to engage with DG as an alumna!***

To learn more about the alumnae experience, visit
www.deltagamma.org/our-membership/alumnae.